

**REGISTRATION:**



**Certified Sage-ing® Leaders**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State \_\_\_\_\_  
Zip \_\_\_\_\_ Phone \_\_\_\_\_  
Email: \_\_\_\_\_

Conference Fees:           AMOUNT  
**Workshop Fee: \$250** includes  
lunch, snacks, materials.  
**OR Repeat Fee: \$125**(for CSL's,  
SCF's, others repeating intensive) \_\_\_\_\_

***Walker Center, Howard House***

144 Hancock St,  
Auburndale, MA 02466

[www.Walkerctr.org](http://www.Walkerctr.org)

**Lodging Amount:**

Bed & Breakfast  
@ \$65/night x \_\_\_\_ = \_\_\_\_\_

Dinner Fri night @ \$13.50 \_\_\_\_\_  
(Optional)

Dinner Sat night @ \$13.50 \_\_\_\_\_  
(Optional but recommended)

**TOTAL ENCLOSED** \_\_\_\_\_

Send completed registration form and  
check made payable to **"Sage-ing Guild"**  
**By April 8, 2010**

to: LILA TERRY  
1 6 Chestnut Street  
Cambridge, MA 02139  
617-491-4703  
[lindaterry317@comcast.net](mailto:lindaterry317@comcast.net)

Participation in workshop may serve as  
prerequisite for Sage-ing® Leader  
Certification. Minimum 10/Maximum 18

**More info? Contact Pat or Julia,**

**Pat Hoerltoerfer, MDiv**, is a  
Unitarian Universalist minister who has  
served liberal religious communities on  
congregational, district and continental  
levels for 35 years. Her Sage-ing  
ministry combines education,  
spirituality, and creativity in programs  
that empower others to find their spirit  
and express it openly in their lives. A  
genuinely joyful and spirited person,  
Pat invites you to come and reflect on  
your doing and being and to become  
your ideal elder.

[phoerltoerfer@metrocast.net](mailto:phoerltoerfer@metrocast.net)  
603-744-3527

**Julia Riley, RN, MN, AHN-BC, REACE**  
has been a nurse for 40 years. Keynote  
speaker and author, Julia began her Sage-  
ing journey at the death of her parents  
when she began life review. Her  
background in mental health is a  
foundation for her commitment to helping  
people begin as early as midlife to  
approach aging with a sense of wonder and  
awe and excitement. Her Sage-ing journey  
led her to facilitate expressive arts in  
healing for hospice patients and to create  
an undergraduate course, Expressive Arts  
in Healing, at the University of Tampa.

[julia@constantsource.com](mailto:julia@constantsource.com) 941-776-8024

Visit the Sage-ing Guild's website at:

[www.sage-ingguild.org](http://www.sage-ingguild.org)

**Youth is a gift of nature,  
but Age is a work of art.**

Source unknown

**The Sage-ing Guild® ...**

transforming the expectations,  
conversations and experiences  
of aging in our culture.

**Presents:**

**Aging, a Work of Art:**



**Invitation to Sage-ing®  
Workshop**

***April 30 - May 2, 2010***

***Walker Center  
144 Hancock Street  
Auburndale, MA 02466  
617-969-3919***

**[www.walkerctr.org](http://www.walkerctr.org)**

## ***Workshop Benefits***

- Examine the myths of aging and affirm the elder years
- Connect with one's inner wisdom through growth techniques of psychology and spirituality
- Nourish ourselves physically, emotionally, mentally, socially, and spiritually
- Look at the past as a "life review" and "life repair" with the wisdom of what we know now
- Understand that forgiveness is a gift we give ourselves
- Create peace of mind by doing the legal, medical, fiscal and spiritual preparation as a way of facing one's mortality
- Identify ways for Elders to serve as mentors and healers in society
- Develop one's own vision of self as an Elder

### **Who should attend?**

Mid-lifers, elders, clergy, caregivers, social workers, nurses, educators and anyone who is interested in conscious aging and in exploring new paradigms of aging.

## **AGENDA**

### **Friday, April 30**

**7PM** Welcome and Opening Ceremony

### **Saturday, May 1**

**8:30AM** Gathering

Session 1 Images of Aging

Session 2 Life Review

Lunch

Session 3 Life Repair / Life Harvest

Session 4 Gift of Forgiveness

Dinner

Creative Reflections: My Life as a Work of Art

### **Sunday, May 2**

**8:30AM** Gathering,

Session 5 Facing Mortality

Session 6 Leaving a Legacy

Lunch

Session 7 Mentorships

Guild/Training Information

Elder Closing Circle

**3PM** Farewell



**“Elders are the jewels of humanity that have been mined from the earth, cut in the rough, then buffed and polished by the stonecutter’s art into precious gems that we recognize for their enduring value and beauty. We sense their radiance in our youth, but we cannot contain it. It requires a lifetime’s effort to carve out the multifaceted structure that can display our hidden splendor in all its glory.”**

**Rabbi Zalman Schachter-Shalomi**

